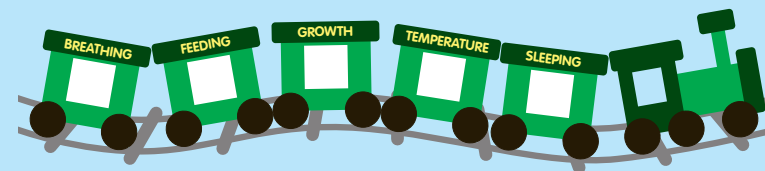


STAFF Train-to-Home -

Explanatory notes for nurses & doctors



		BREATHING	FEEDING	GROWTH	TEMPERATURE	SLEEPING
RED NOT READY FOR HOME		Any of these: <ul style="list-style-type: none"> On a Ventilator Breathing fast (more than 90 breaths per minute) CPAP and more than 30% oxygen As* and Bs* needing bagging in the past 24 hours IV caffeine 	Any of these: <ul style="list-style-type: none"> No feeds by mouth or tube, or only very small feeds All or most of feeds intravenously Not yet coping with feeds (more than 50% of each feed not absorbed) 	Any of these: <ul style="list-style-type: none"> Losing weight Weight more than 10% below birthweight 	Any of these: <ul style="list-style-type: none"> Unstable temperature In "servo" incubator Incubator temperature above 33°C 	Any of these: <ul style="list-style-type: none"> Sleeping on the front to help breathing Receiving medicine to make baby comfortable
	YELLOW START PREPARING FOR SMALLER UNIT OR HOME	Any of these: <ul style="list-style-type: none"> CPAP and less than 30% oxygen Less than 90 breaths per minute Off CPAP less than 4 days Low flow oxygen As* and Bs* needing stimulation or repositioning only 	Any of these: <ul style="list-style-type: none"> Coping with increasing feeds Less than half of feeds intravenously Occasional feeds not absorbed Changing from gastric tube 	Any of these: <ul style="list-style-type: none"> Not yet gaining weight Gaining weight for less than 3 days 	Any of these: <ul style="list-style-type: none"> Stable temperature Incubator temperature below 33°C Out of incubator for short periods 	Any of these: <ul style="list-style-type: none"> Not yet sleeping on the back all of the time Awake periods are short
GREEN READY TO GO TO LOCAL SCBU OR HOME	Transfer to local SCBU	Any of these: <ul style="list-style-type: none"> In air Off CPAP more than 4 days Stable in low flow oxygen Occasional As* and Bs* needing minimal stimulation Oral caffeine 	Any of these: <ul style="list-style-type: none"> More than 80% of feeds by breast or bottle All feeds by breast, bottle or gastric tube 	All of these: <ul style="list-style-type: none"> Gaining weight for 3 days or more 	Any of these: <ul style="list-style-type: none"> Temperature stable and in normal cot In "hot cot" 	Any of these: <ul style="list-style-type: none"> Sleeping on the back all of the time Awake for all breast or bottle feeds
	Discharge home	All of these: <ul style="list-style-type: none"> In air (no added oxygen) No As* and Bs* Off caffeine for at least 5 days Stable in low flow oxygen if going home on oxygen and parents have been trained in its use 	All of these: <ul style="list-style-type: none"> Full feeds by breast or bottle If going home on tube feeds: stable on tube feeds and parents trained in tube feeding 	All of these: <ul style="list-style-type: none"> Gaining weight for 3 days or more 	All of these: <ul style="list-style-type: none"> Temperature stable and in normal cot 	All of these: <ul style="list-style-type: none"> Awake for all feeds Sleeping on the back all of the time

As* and Bs* = short periods of stopping breathing (apnoea) and heart rate falling (bradycardia)